

Healing a mother's Heart

What Is It?

Healing a Mother's Heart is a three-day small group experience with up to ten other mothers of daughters with same-sex attraction. Because of Janelle's extensive experience with women with same-sex attraction, she is uniquely positioned to help mothers (and fathers) understand their daughter's life as well as heal or strengthen their relationship with their daughter.

What Will Happen?

Starting on Friday evening and ending on Sunday afternoon, time will be spent in teaching, personal reflection, sharing, learning, inspirational readings, dialogue, fellowship, training, processing, eating, praying, crying, and laughing.

What Will I Get Out of It?

Specifically, every mother in attendance will:

- Have opportunities to share your story and circumstances as they relate to your relationship with your daughter and your daughter's homosexuality
- Receive framework for understanding the possible causes of female same-sex attraction
- Hear a personal story of healing and hope from a woman who struggles with same-sex attraction
- Hear a personal story of healing and growth from a mother of a lesbian daughter
- Gain deeper understanding of your daughter and why she acts or communicates in the way she does
- Receive training on how to employ communication techniques that will help to secure and stabilize a strong, warm attachment with your daughter
- Receive personal coaching on your relationship with your daughter
- Obtain practical tips in handling other family relationships and concerns in light of daughter's homosexuality
- Discover how to build a personal support system
- Gain personal insight and experience hope and joy in the midst of sorrow and loss
- Be encouraged, refreshed, and strengthened for the journey ahead

Testimonials

"This retreat was beyond my expectations!" -Mother from Colorado

"The retreat was worth every dime I paid. My peace of mind and the quality of life that I am experiencing because of the retreat is phenomenal. There is so much more love and acceptance coming from my side for my daughter. The retreat is a must for all moms." -Mother from Oregon

"I have received healing of a broken heart... I was very fearful that I would be condoning my daughter's lifestyle if I showed her love. But I let go of that fear and chose to love her unconditionally. This was huge for me. The retreat helped me understand more about my daughter and myself. I now am excited to use the tools that I have learned." -Mother from California

"I would encourage mothers of gay or struggling daughters to attend this valuable and practical retreat. I almost didn't come, but am now so glad that I didn't let anything get in my way. I was utterly blessed to have attended. The sessions changed my life for the better in so many ways." -Mother from Washington

"Janelle is wholly engaging, full of understanding and compassion, and completely thorough in her academic research and biblical knowledge on the subject of same-sex attraction." - Reverend Aram Haroutunian, Pastor, Lookout Mountain Community Church, Golden Colorado

